



LONDON TO BRIGHTON CYCLE RIDE 2021

Welcome to the London to Brighton Cycle Ride! You will be taking on the challenge of cycling 55 miles from Clapham Common in South London, travelling through Mitcham, Carshalton, Chipstead, Banstead, Haywards Heath and finally to Brighton having completed your incredible journey!

The package and what is included

- Personally time-chipped race number
- Free snacks during & after the ride
- Regular water-stops to keep hydrated
- Full roaming mechanical support across event
- Full support by our event crew
- Fully signposted route with marshals on the day
- Online route available prior to the event
- Pre-event support so you can communicate with our team if you have any questions
- Event-specific fundraising and training advice
- Pre-event support
- Your own medal to commemorate your achievement!

Start and Finish

The ride will start from Clapham Common, off Nightingale Walk, Clapham SW4 9AH. The route will finish at the Brighton Seafront on Madeira Drive, 500m walk from the pier. The cut-off point for the event is 18.00, at which point event support will cease.

Key Timings on the Day

There will be a staggered start between 06.10 and 10.20. Each participant will be allocated a 20 minute start window within this time.

You should have received an email asking you to estimate how long you believe it will take you to complete the event. If you've not received this email, please contact us - info@londonbrightoncycle.co.uk.

After completing this form, you will be sent your allocated start time by email.

Our event support winds down at around 18.00, so this gives you plenty of time to enjoy the ride.

If for some reason you are delayed on the day or feel you won't be able to make it to the finish point in this time please inform a member of staff located at this point.



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On arrival at the start

You do not need to register when you arrive on the day, your bike number and bib number will be posted to you prior to the event. Simply head to the start line during your 20 minute start window.

Before you arrive you should make sure you have your bike number attached to your bike and that your bib number is attached securely to the rear of your t-shirt/jersey – then you will be all ready to go when you arrive at the start point, where you'll be cheered on by our friendly event team.

Please be sure to read the safety briefings at the start, soak up the atmosphere, and head out on your way!

If you have moved, you need to let us know as soon as possible otherwise you will not receive your race number.

What to bring on the day

Please bring any clothing you want to wear on the day and dress appropriately for the weather.

Helmets are compulsory on this ride – it is not permitted to cycle on our event without a cycling helmet.

It is also a good idea to bring a bike lock to keep your bike secure if you want to leave it at any point. Skyline do not take any liability for lost or stolen bikes left by participants.

Following the route

Our route is fully waymarked, and includes marshals at busy points – any turn will be apparent by highly visible signs so please be sure to follow the arrows at all times. The route is also available to download in your participant area so that you can follow it on your favourite GPS device. If you find yourself lost please call the event control number which is located on your bike number.

Event Village

In line with our Covid-19 safety measures, the event village at the finish line will still be in operation. This is where you'll collect your medal, packed lunch and meet your charity. We will however be asking participants not to spend too long at the finish line, and as a result we will unfortunately not be having a bar at this year's event. There will however be plenty of pubs, bars and restaurants open for business locally.

Spectators are welcome to come and cheer you across the finish line.



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Bike and Coach Transport

Our return coaches will be leaving Brighton regularly from 11.30 onwards. These will operate on a first come first served basis.

The last coach will be at 18.00, and we would advise boarding your bike onto the coach by 17.30, so please allow plenty of time if using return transport. You can book this service on our website, or give our office a call to get this booked.

Anyone booked onto bike transport must check in their bike onto the clearly marked van in Brighton where coach departure times will be displayed.

Bikes will be transported to Clapham Common in secure bike transit vans. They will then be stored on bike racks at the Clapham Common start location where Skyline Staff will return your bike to you when you arrive.

Southern Railway have advised that only a limited amount of bikes will be permitted so we strongly advise you arrange to be picked up from Brighton or book our bike and coach transport (subject to availability).

Free refreshments

Free water will be available at our refreshment stops and a tasty grab & go meal will be provided at the finish line. Refreshment stops are in three locations on the route with friendly Skyline staff positioned at around 17 miles, 30 miles and at the top of the infamous Ditchling Hill at 45 miles.

Bike suitability

The route is entirely on road so please ensure your bike is suitable for this.

Whilst using a mountain bike is possible, they are heavier and it would be more challenging! We recommend using a light weight road bike, or hybrid bike.

It is also advisable that you have your bike serviced before the ride and ensure it is in good condition.



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Mechanics on the route

We will have friendly mechanics at the water stops and roaming the route in vehicles and on mopeds.

However please do bring a spare inner tube and a pump or gas cannister to inflate it, as well as any spare parts you think you may need. Our mechanics are often very busy and this will save you having to wait for them.

Support crew on the route

There will be a full support crew as well as medics, should you need assistance please contact the number on the front of your bike number. If for any reason you need to retire from the ride you must inform a member of the support crew.

Toilets on the route

There will be portable toilets at the water stops and at the finish in Brighton.

Cycling safety

- Please follow the highway code at all times
- No racing and adhere to speed limits
- Stop for red lights, pedestrian crossings and stop signs
- Signal when turning. Do not ride more than 2 abreast on quiet roads
- Move into single file on busy roads so as not to impede the flow of traffic
- On steep descents reduce your speed
- Pay attention to the directional event arrows
- Keep hydrated – take on water at each stop
- Helmets are compulsory during this ride

Please be courteous to other road users and pedestrians and help fellow cyclists if they need it.

Please Note - You should be reasonably fit to take part in this event and you are strongly advised to undertake some training. If you have any doubts about your ability to take part including without limitation having pre-existing medical conditions you should contact your doctor to seek advice.

BROUGHT TO YOU BY

SKYLINE
♦ E V E N T S ♦